



## Fáilte-Welcome

The Broadford Ashford Walking Trails are located in rural West Limerick, nestled into the Mullaghareirk mountain range. The majestic landscape of rolling hills, open farmland and forest paths is ideal walking terrain. Each of the 6 routes varying in distance from 6km to 20km have been carefully selected to provide spectacular views over County Limerick. All walks are fully waymarked and have illustrated storyboards in the picturesque villages of Broadford and Ashford.

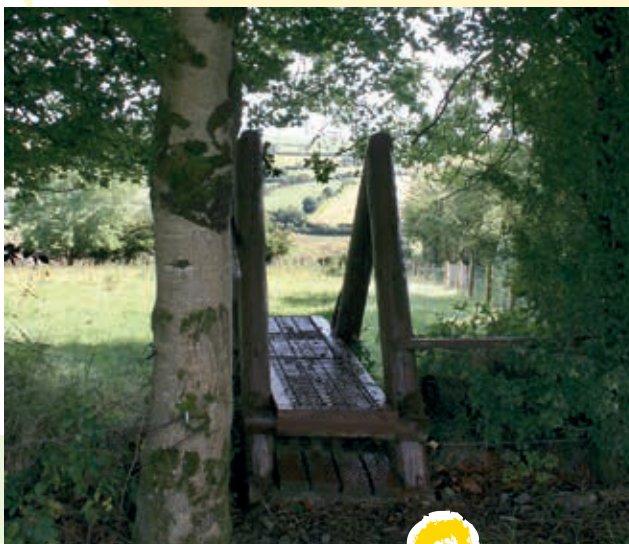
Specific map brochures are available locally or to download at [www.walkbroadfordashford.com](http://www.walkbroadfordashford.com)

The perfect mix that you seek from an Irish holiday-people, history, scenery and activity - is to be found in this one small corner of Ireland.

**LIMERICK TO BROADFORD:** Take N21 from Limerick signposted Tralee/ Killarney. Enter Adare. Entering Newcastle West at the first roundabout take 1st exit, at the second roundabout take 2nd exit onto R522 signposted Dromcollogher. After 7km turn right signposted for Broadford. Enter Broadford.  
GPS: 52.346003N -8.972707W

**CORK TO BROADFORD:** Take N20 from Cork signposted Mallow. Approaching Mallow at roundabout take 1st exit onto N72 signposted Killarney. After 13km turn right onto R576 signposted Kanturk. Enter Kanturk and take R579 road signposted Newcastle West. Continue for 23km and enter Broadford.  
GPS: 52.346003N -8.972707W

**LEAVE NO TRACE ON THE TRAILS:** Plan Ahead – Be considerate of others – Respect farm animals and wildlife – No dogs allowed except on tarred public roads – Leave what you find – Dispose of waste properly – No fires permitted.



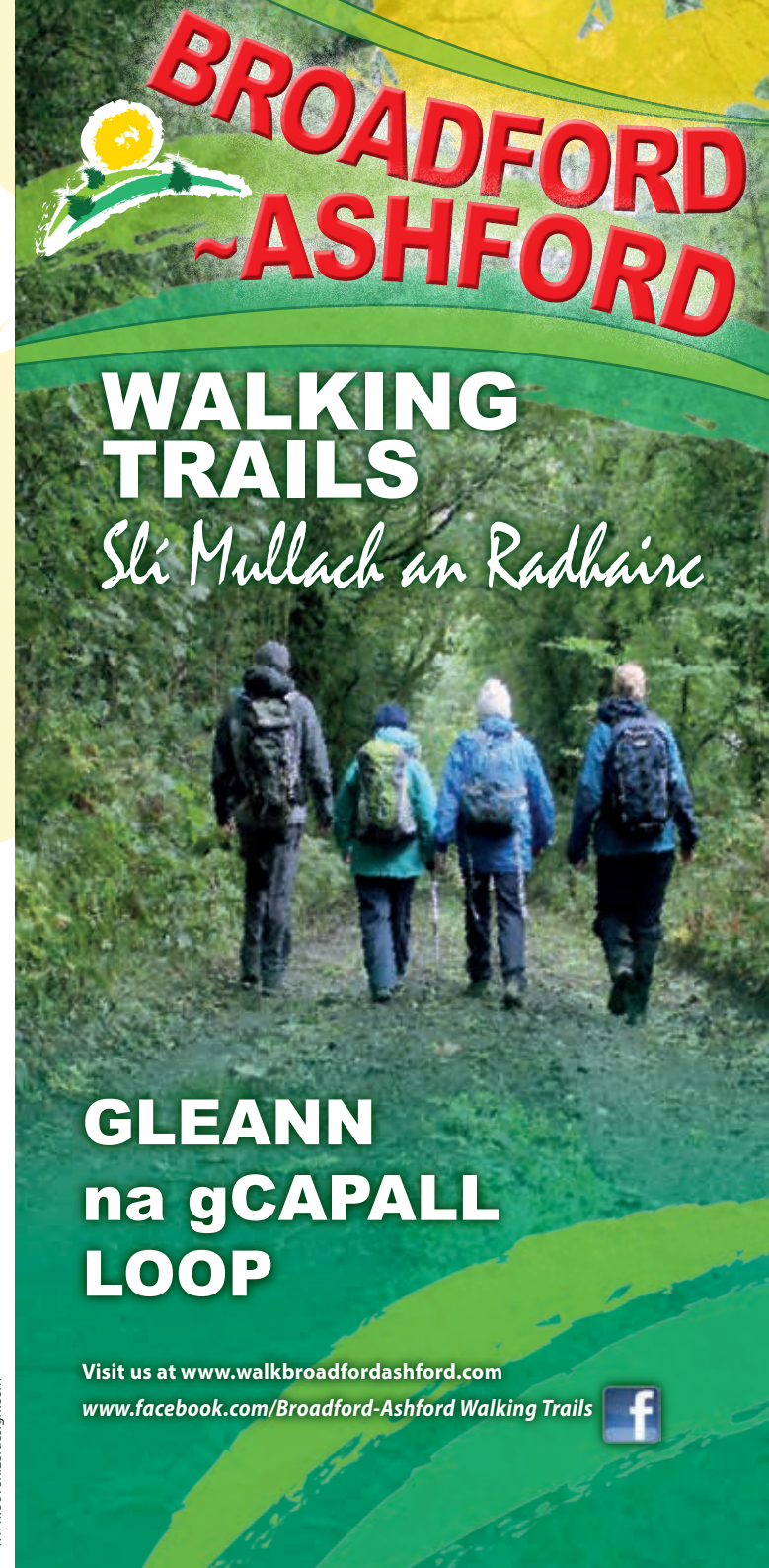
## BROADFORD~ASHFORD WALKING TRAILS *Sli Mullaigh an Radhairc*



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www.bovenizerdesign.com



# BROADFORD ~ASHFORD

## WALKING TRAILS

*Sli Mullaigh an Radhairc*

## GLEANN na gCAPALL LOOP

Visit us at [www.walkbroadfordashford.com](http://www.walkbroadfordashford.com)

[www.facebook.com/Broadford-Ashford Walking Trails](https://www.facebook.com/Broadford-Ashford-Walking-Trails)





## Walk Directions GLEANN na gCAPALL LOOP

**A – B.** From the Dáibhí Ó Bruadair monument (at Church car park) walk west through the village of Broadford. Take the first turn on the left following the blue arrows. Continue on this road for 2.5 km. At the Y junction veer right and continue walking until you reach the main road. Turn right and continue to the Y junction. Take the road to the left.

**B – C.** Follow the blue arrows until you come to the next junction. Turn right and continue for 1.5 km. The trail veers to the left up a slight incline. Following a sharp turn to the right watch for the blue arrows indicating a farm entrance on the right. Walk along this passageway.

**C – D.** The trail arrows lead you along a passageway, over a stile into a field. Walk through the fields inside the farm fence. Take a rest on the seat beside the next stile and enjoy the views before you resume your walk. Further on, another stile will bring you back onto the farm passageway. Turn right. Follow the trail downhill reaching a stile and at the foot of the hill cross another stile and turn right. Continue until you see Killagholehane Church ruins on your right. Visit the Church ruins.

**D – A.** Return to the trail and with your back to the church turn right and follow the blue arrows. Cross the stile and after 100m continue over the bridge. Shortly the trail veers to the right. Continue until you meet the roadway. Turn right at this junction and left after 100m. The next junction to the right will bring you back to the outward trail. Turn left and return to the trailhead at the Dáibhí Ó Bruadair monument.

**TRAILHEAD:** Broadford Village, Co Limerick. OS Map 72.

**GPS:** 52.346003N -8.972707W

**SERVICES:** Shop, Pubs, Post Office.

**DISTANCE/TIME:** 10km/2 - 2.5hrs.

**WAYMARKING:** Blue.

**DIFFICULTY:** Moderately strenuous (suit medium level of fitness).

**TERRAIN:** Minor roads, regional road, farm tracks, grass tracks.

**HIGH POINT/ASCENT:** 276m/161m.

**MAP SCALE:** 1:26,000 (40mm = 1km).

**MINIMUM GEAR:** Hiking boots, raingear, liquids and phone.

No dogs allowed except on tarred public roads.

Hill walking is a risk activity, walkers walk at own risk. In case of emergency ring 999.

